



The Goalpost



Citadel FC International Program~ Building a new future for our players!

This coming spring, Citadel FC will launch a **youth developmental program**, training young boys and girls in the U9 thru U12 age groups who aspire to someday play travel soccer. The players will receive the best in training and small sided games offered on three week nights – a model now used throughout the world by the top professional clubs who seek to bring the absolute best out of their young players!

The leadership and coaches of Citadel FC were moved to introduce this new program due to the overwhelming number of requests by parents for their young players to receive quality instruction from our staff. Not every player who wants to play travel soccer is ready right away. Recognizing the tremendous potential that so many of these children have for the future, Citadel FC is excited to offer a program that promises to offer kids and parents a place to grow into the exceptional soccer players of their dreams!

The training will be implemented by the best coaches Citadel FC has to offer, under the leadership of Hani Rabi, Citadel FC Director of Coaching and Player Development. Some of the coaches already signed on to participate are Matt Hein, Carlos Cruz, Paco Castillo, Jozsef Feher, Sal Gomez, Victor Ramirez, Mitch Ellisen and former director of the FWUSA Academy Cory Rodgers. Training methods will follow the line of "Guided Discovery" where students will be challenged to think and play with insight and skill. The games will be played in 4v4 format, with players mixed and matched each week with kids their own age to compete in a creative and exciting environment where the only thing that will matter will be the *quality of play*.

Training will take place from 5:30 to 6:30 pm on Monday and Wednesday evenings at Kreager Park. Games will be played on Thursday evenings from 5:30 to 7 pm, also at Kreager Park.

If you have a young aspiring soccer star, or know of one, share the news that there is a program just for them!

Players registered with the Citadel FC Youth Developmental Program will be required to attend one training session per week, and the game day, but *are encouraged* to play and train with other leagues they may already be signed up for.

For additional information or to register, please contact, Hani Rabi at hrabi2004@yahoo.com or Cory Rodgers at academy@fwunitedsoccer.com.



January '08 Issue



Excellent recreational, select and premier soccer at affordable prices.



Mission & Values

"Responding to the health-care needs of the community, we are committed to excellence in all aspects of care through education, prevention, treatment and support. We create a five-star experience by exceeding individual expectations for all who enter our door."

How to Contact Us...

Phone Number:

260.422.8575

Mailing Address:

P.O. Box 8163

Fort Wayne, IN 46898

On the Web:

fwunitedsoccer.com

Sponsored by:



From the Citadel President Larry Rowland

Happy New Year!

I hope that each of you had a wonderful Holiday Season, and that you are eagerly anticipating the excitement that will fill the New Year. 2008 should be a banner year for the Citadel Futbol Club, as we continue to improve our Club.

Many begin the year with new resolutions and ideas in mind that will lead them to improve health, skills, network, relationships, or performance. Yet, too often goals fall by the wayside having proved to be too difficult. Studies have proven that most people and organizations give up on their resolutions because they set unreasonable goals, while failing to communicate their goals to others who would help build accountability into the process.

In the spirit of accountability, I want to share with you some of my ideas regarding goals for the Citadel Futbol Club. I believe our Club should resolve the following:

- We will treat all with whom we have contact with fairness, respect, integrity, and transparency.
- We will seek to attract an ever-expanding number of top quality athletes who choose to play for the Citadel Futbol Club.
- We will create a Club where winning is important, but building player character will be the true measure of our success.
- We will stress the importance of our player's academic performance.
- We will develop new programs designed to improve the skills of our players and teams.
- We will strive to become the Club of choice for players within our region.
- Our Club will increasingly become recognized for our sportsmanship.
- We will develop a system that enables players, parents, and coaches the opportunity to provide performance-related feedback to ensure that our Club and those representing Citadel consistently improve.
- The Board will strengthen the policies and procedures of the Club.

I would encourage you to share with me your thoughts on the resolutions I have suggested, as well as share with me additional resolutions you believe should be included in the Citadel Futbol Club's 2008 "To Do" list. If we each resolve to do our part, the Citadel Futbol Club will become the Club of choice for the athletes within our region.

Larry Rowland, President-Citadel



Citadel Futbol Club

FWUSA's Premier Travel Division

From the Select President Cindy Price Verduce

It's the process, not the product. Maryann Kohl

As the Holiday season is here, I'm sure you're like me, off to this Christmas pageant or that holiday recital. And as I sat through the past couple of kid holiday events, I took a moment to look around the room, full of parents and grandparents; and noticed that in the scheme of thing of life, we all were:

Listening to *interestingly played* music

Experiencing *grand attempts at* dancing

And *giggling through* misread lines

But for:

Every missed note

For every wrong step

Or every flubbed line

We all smiled, we all laughed, we all beamed with pride; because we UNDERSTAND it's:

Not about playing every note right

Or making the perfect pirouettes

Or reciting the lines just right

It's about learning how to do

Feeling good about the improvements we make

About being a part of the team.

Not to different at all as our players learn and play the game of soccer.

And while I reflected on this, I thought of Select

For Select creates an environment where kids can

Learn new skills

Find new friends

And challenge themselves to improve

in a fun, family filled environment.

So as you sit through the next holiday festival or fest, I hope you'll smile with me and know, it's not about how right or wrong the night went, but about what our children get from these experiences – the common bonds, the skills they've learned, defeats they've suffered and what they've learned from those experiences - and the fact you're there to witness it with them, that will remain. It's not about the product, it's the process. I can't wait to see what they've learned over the winter and to see them flourish on the fields come spring!

Happy Holidays! Enjoy the season and enjoy the ride of raising great kids! Thanks for sharing them with Select!

Cindy Price Verduce, President-Select

Select League



CITADEL SCRIP NEWS

Volume 1 Issue 3

January 2008

Happy New Year!!! A big thank you to all who purchased SCRIP during the holidays. We hope Citadel SCRIP helped make the season a little less hectic for you!

Please take a few minutes to look over the updated order form. Please note that some vendors have been deleted, for example, Uno's Restaurant, Fish of Stroh, while others have been added, i.e....Wal-Mart (\$25/\$100 @ 1%), Chipotle Mexican Grille (\$10 @ 8%) and Michael's Crafts (\$25 @ 3%). In addition, our national brokerage house and local vendors have informed us of increases/decreases of certain vendors and we have made the necessary corrections. Please **disregard all old order forms** as they lead to mistakes and confusion. **Only use order forms updated on 1-13-08.** This form can be located on the Website and we will have them at the Ash Center.

Citadel SCRIP has started offering **Cash and Carry at the Ash Center, on Sundays, (beginning January 13, 2008 through March 9, 2008) from 4:30-5:30pm.** Please follow the training schedule listed on the website as to when we will be there. You may also drop off and pick up (previously placed) orders at this time. Look for us at one of the tables in the front of the center when you arrive.

Don't forget that our national broker has **added Wal-Mart to its list of retailers!!!** These gift cards are **available in \$25 or \$100 gift cards at 1%.** Wal-Mart gift cards are also good on purchases made at Sam's Club. Please Note: these cards are being referred to as reloadable. **DO NOT RELOAD THESE CARDS!!!!** Your earned percentage is only applicable to the original card purchase and is not applicable to subsequent card reloads. What this means is if you reload the Wal-Mart card, you **WILL NOT** earn any percent towards your SCRIP credits. We will not be receiving a monthly statement or monthly check from Wal-Mart.

SCRIP Updates

- Our national broker has informed us that **Hard Rock Café** has **increased** its percentage to **8%**.
- **Marriott** gift cards are now available in **\$500 denominations.**
- **Comfort Inn** has **increased its percentage to 4%** and is now available in \$100 denominations. Comfort Inn SCRIP is still available in \$25 gift cards.
- **Georgetown gift certificates** are **only available in \$25 increments.**

SCRIP Reminders

- SCRIP orders may be dropped off and picked up from Colette at Stephen Trotter Law Office (6079 Stoney Creek Drive) on Mondays.
- You may drop off your order personally to Colette's home (prior arrangements made) or it can be mailed to Colette Boylen at 605 Nuttman Avenue, 46807.

If you have any questions, please contact a Citadel SCRIP Coordinator: Colette Boylen (744-9157) or Jodi Deiser (420-8999).

A Note from the DOC

From the Citadel Director of Coaching:

Coach Hani Rabi



I hope everyone had a safe and blessed holiday and I want to wish everyone a Happy New Year.

As we look forward into the 2008 season, we begin with our inter club league that starts on January 12. We are very excited about this program as this will be one of many new programs implemented to build a strong culture among our players and families.

On Sunday January 12 we will begin the technical development for all 12 year old and younger players.

In addition we will have a special program for 13 year old and older players. This program will enhance participant's agility, speed, coordination and will teach them all about injury prevention.

We encourage everyone to take advantage of these sessions. FWUSA provides these sessions at no additional cost. I will lead the training for both sessions with assistance from all of our Citadel coaches.

Also, we have added a few staff coaches to our already great coaching staff! Please visit our web site to see the qualifications of the following new Citadel coaches!

James Redick (Head Coach of Norwell H.S. and Norwell Middle School boys teams)

Phil Seidel

Gino Servello

Janna Kunkle

In summary, each team has its own team practice/training night, goalkeeping sessions on Wednesdays, Inter League Club games on Saturdays, and technical, agility, coordination and speed training on Sundays.

Our overall plan for 2008 is to continue improve our players' technical development for the younger age group and enhance the tactical development for the older age groups.



Citadel Girls U11 AA Fall 2007 Award Winners

Congratulations '97 Girls for being honored with the G.I.R.L.S. League Fair Play Award, for Fall 2007!

This U11 team is coached by Kevin Lewis and Carlos Cruz with Jeannie Royal serving as manager for the team. Great job girls!



Goal Keeping Training Free for all Citadel G.K's

Beginning Wednesday December 19th from 5:30-6:30 pm Citadel Goalkeepers will be eligible to attend free goal keeping training! Please put the following dates on your calendar today if your child is playing goal for a Citadel team!

Dec. 19 , Jan 9, 16, 23, 30, Feb. 6, 13, 20, 27

Free Winter Training For Select and Citadel Players at the ASH Center on Sundays

January 2008

Su	Mo	Tu	We	Th	Fr	Sa	
			1	2	3	4	5
	6	7	8	9	10	11	12
JFF	▶ 13	14	15	16	17	18	19
	20	21	22	23	24	25	26
JFF	▶ 27	28	29	30	31		

February 2008

Su	Mo	Tu	We	Th	Fr	Sa	
				1	2		
JFF	▶ 3	4	5	6	7	8	9
JFF	▶ 10	11	12	13	14	15	16
JFF	▶ 17	18	19	20	21	22	23
JFF	▶ 24	25	26	27	28	29	

March 2008

Su	Mo	Tu	We	Th	Fr	Sa	
				1			
JFF	▶ 2	3	4	5	6	7	8
JFF	▶ 9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31					

JUST FOR FEET



12 years old and younger:

TECHNICAL TRAINING

4:00 - 5:00 P.M.

13 Years old and above:

AGILITY, COORDINATION & SPEED TRAINING

5:00-6:00 P.M.

Mark your calendar today for the free winter training sessions on Sundays!



Citadel Winter Inter Club League Schedule

U10 – U12

<u>Division I</u>	<u>Won</u>	<u>Lost</u>	<u>Ties</u>	<u>Total Points</u>
C-1	Citadel Lions			
C-2	Citadel Tigers			
C-3	Citadel Monkeys			

<u>Division II</u>	<u>Won</u>	<u>Lost</u>	<u>Ties</u>	<u>Total Points</u>
C-4	Citadel Bears			
C-5	Citadel Rabbits			
C-6	Citadel Hawks			

U13 – U14

<u>Division I</u>	<u>Won</u>	<u>Lost</u>	<u>Ties</u>	<u>Total Points</u>
C-7	Citadel Bulls			
C-8	Citadel Hawks			
C-9	Citadel Penguins			
C-10	Citadel Owls			

U15 – U17

<u>Division I</u>	<u>Won</u>	<u>Lost</u>	<u>Ties</u>	<u>Total Points</u>
C-11	Citadel Cardinals			
C-12	Citadel Stallions			
C-13	Citadel Elephants			
C-14	Citadel Zebras			

<u>Division II</u>	<u>Won</u>	<u>Lost</u>	<u>Ties</u>	<u>Total Points</u>
C-15	Citadel Eagles			
C-16	Citadel Wolves			
C-17	Citadel Wood Peckers			
C-18	Citadel Blue Jays			



UPDATED Citadel Inter-Club Winter League Games Schedule

Saturday Jan 12, 2008

7:30 A.M. C-3 vs. C-4	8:20 A.M. C-1 vs. C-2	9:10 A.M. C-5 vs. C-6
10:00 A.M. C-7 vs. C-8	10:50 A.M. C-9 vs. C-10	11:40 A.M. C-11 vs. C-14
12:30 P.M. C-12 vs. C-13	1:20 P.M. C-15 vs. C-18	2:10 P.M. C-16 vs. C-17

Saturday Jan 26, 2008

7:30 A.M. C-3 vs. C-5	8:20 A.M. C-2 vs. C-6	9:10 A.M. C-1 vs. C-4
10:00 A.M. C-7 vs. C-9	10:50 A.M. C-8 vs. C-10	11:40 A.M. C-11 vs. C-12
12:30 P.M. C-13 vs. C-14	1:20 P.M. C-15 vs. C-16	2:10 P.M. C-17 vs. C-18

Saturday Feb. 2, 2008

7:30 A.M. C-2 vs. C-5	8:20 A.M. C-1 vs. C-3	9:10 A.M. C-4 vs. C-6
10:00 A.M. C-7 vs. C-10	10:50 A.M. C-8 vs. C-9	11:40 A.M. C-11 vs. C-13
12:30 P.M. C-12 vs. C-14	1:20 P.M. C-15 vs. C-17	2:10 P.M. C-16 vs. C-18

Saturday Feb. 9, 2008

7:30 A.M. C-2 vs. C-4	8:20 A.M. C-1 vs. C-5	9:10 A.M. C-3 vs. C-6
10:00 A.M. C-8 vs. C-7	10:50 A.M. C-10 vs. C-9	11:40 A.M. C-11 vs. C-15
12:30 P.M. C-12 vs. C-16	1:20 P.M. C-13 vs. C-17	2:10 P.M. C-14 vs. C-18

Saturday Feb. 16, 2008

7:30 A.M. C-1 vs. C-6	8:20 A.M. C-2 vs. C-3	9:10 A.M. C-4 vs. C-5
10:00 A.M. C-9 vs. C-7	10:50 A.M. C-8 vs. C-10	11:40 A.M. C-11 vs. C-16
12:30 P.M. C-12 vs. C-15	1:20 P.M. C-13 vs. C-18	2:10 P.M. C-14 vs. C-17

Saturday Feb. 23, 2008

7:30 A.M. C-1 vs. C-4	8:20 A.M. C-2 vs. C-5	9:10 A.M. C-3 vs. C-6
10:00 A.M. C-10 vs. C-7	10:50 A.M. C-9 vs. C-8	11:40 A.M. C-11 vs. C-17
12:30 P.M. C-12 vs. C-18	1:20 P.M. C-13 vs. C-15	2:10 P.M. C-14 vs. C-16



Citadel Inter-Club Winter League Playoffs & Championship Schedule

Saturday Mar. 1, 2008 Playoffs

U10-U12 Playoff

7:30 A.M. 1st place vs. 6th place
 8:20 A.M. 2nd Place vs. 5th Place
 9:10 A.M. 3rd place vs. 4th Place

U13-U14 Playoff

10:00 A.M. 1st Place vs. 4th place
 10:50 A.M. 2nd Place vs. 3rd place

U15-U17 Games

11:40 A.M.	C-11 vs. C18	12:30 P.M.	C-13 vs. C-16
1:20 P.M.	C-12 vs. C-17	2:10 P.M.	C-14 vs. C15

Saturday Mar. 8, 2008 Championship

U10-U12

7:30 A.M. Consolation game
 8:20 A.M. Consolation game
 9:10 A.M. Winner of last weeks' 7:30 A.M. game vs.
 the winner of the 8:20 A.M. game

U13-U14

10:00 A.M. Consolation Game
 10:50 A.M. Winner of last weeks' 10:00 A.M. game vs.
 the winner of the 10:50A.M.game.

U15-U17

11:40 A.M. Consolation Game
 12:30 P.M. Consolation Game
 1:20 P.M. Consolation Game
 2:10 P.M. Finals between 1st place and 2nd place teams



Indiana Youth Soccer Association Coaching Development Courses

Coaching Clinic Type: Youth Technical Course

Dates: 1/26/2008

Times: (See Below)

Location: Muncie, Indiana-St. Lawrence Catholic School

Location Address: 2801 E 16th St Muncie, IN 47302 (765) 282-0475

Clinician: Ben Elvira

Course Information: Saturday 9-5 p.m. This Saturday is actually part of the E Certification Course.

Member Cost: Free, **Non-Member Cost:** \$35.00

Coaching Clinic Type: Youth Module 1

Dates: 2/9/2008

Times: 9:00 am

Location: Sports of All Sorts-Indianapolis

Location Address: 6002 Sunnyside Road Indianapolis, IN 46236

Clinician: Mis Mrak

Course Information:

Member Cost: Free, **Non-Member Cost:** \$25.00

Coaching Clinic Type: Youth Module 2

Dates: 2/9/2008

Times: 1:00 pm

Location: Sports of All Sorts-Indianapolis

Location Address: 6002 Sunnyside Road Indianapolis, IN 46236

Clinician: Mis Mrak

Course Information:

Member Cost: Free, **Non-Member Cost:** \$25.00

www.indianayouthsoccer.org





Indiana Youth Soccer Association Coaching Development Courses

Coaching Clinic Type: E Coaching Course

Dates: 2/22/2008-2/24/2008

Times: (See Below)

Location: Sports of All Sorts-Indianapolis

Location Address: 6002 Sunnyside Road Indianapolis, IN 46236

Clinician: Mis Mrak

Course Information: Friday (22nd) 6-9 p.m. at Indiana Youth Soccer Office Saturday (23rd) @ Sports of All Sorts 9-5 p.m. Sunday (24th) @ Sports of All Sorts 9-2 p.m.

Member Cost: Free, **Non-Member Cost:** \$125.00

Coaching Clinic Type: D Coaching Course

Dates: 3/7/2008-3/16/2008

Times: (See Below)

Location: Canterbury High School-Fort Wayne, IN

Location Address: 3210 Smith Rd, Fort Wayne - (260) 436-0746

Clinician: Pat Teagarden and Ken Harkenrider

Course Information: Two weekend course: Friday (7,14th) 6-9 p.m. Saturday (8,15th) 9-5 p.m. Sunday (10, 16th) 9-5 p.m. Candidates must hold an E Certificate and attend all dates and times.

Member Cost: Free, **Non-Member Cost:** \$200.00

Coaching Clinic Type: D Coaching Course

Dates: 3/14/2008-3/23/2008

Times: (See Below)

Location: Indiana Youth Soccer Office-Lawrence Park

Location Address: 5440 Herbert Lord Road Indianapolis, IN 46216

Clinician: Mis' Mrak

Course Information: Two weekend course: Friday (14th,21st) 6-9 p.m. Saturday (15th,22nd) 9-5 p.m. Sunday (16th, 23rd) 9-5 p.m. Candidates must hold an E Certificate and attend all dates and times.

Member Cost: Free, **Non-Member Cost:** \$200.00

www.indianayouthsoccer.org



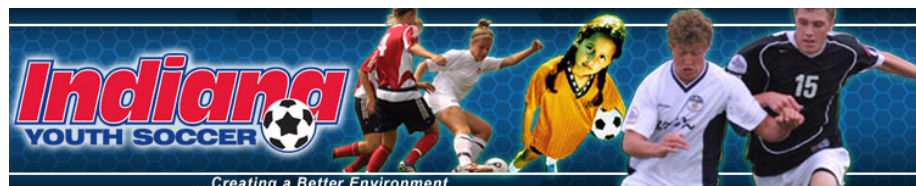


Indiana Youth Soccer Association Coaching Development Courses

Important information for all Indiana Youth Soccer Coaching Courses:

- Course details listed as "TBD" will be finalized and posted on the website
- Courses are subject to cancellation should enrollment not meet the course minimum. Minimum 15 coaches participating coaches per course
- All courses open to any and all coaches in Indiana
- Coaches interested in registering must include email address and telephone contact information in registration form
- Attendance for entire course a must for course completion
- Coaches should bring a properly inflated soccer ball to each course and should come prepared for indoor and outdoor activities
- All checks for the "E" and "D" courses should be made payable to the Indiana Youth Soccer Association and mailed to 5440 Herbert Lord Rd., Indianapolis, IN 46216
- No testing required for courses listed as "certification", testing required for courses listed as a "license"
- There is no pre-requisite to enter the "E" license course, although attending both Youth Module courses is highly recommended
 - All candidates who wish to enroll in the "D" license must have successfully completed the "E" certificate and have held it for at least 6 months. Coaches may apply for a waiver which is permission to bypass the E and go straight into the D License, however it doesn't give you a certificate/license. In order to waive past the E and go into the D a coach must have:
- Four years of college playing experience or higher AND
- Five years of coaching experience
 - If a coach has both of these criteria then they should email the State Director of Coaching and Player Development.

All questions relevant to coaching education should be directed to the State Director of Coach and Player Development, at vince@indianayouthsoccer.org, or by calling the state office at 800-347-4972.





Citadel Executive Board

Larry Rowland, President larry.rowland@yahoo.com

Deb Kunkle, Secretary debkunkle@msn.com

Pat Murphy, Treasurer MurphyTreasurer@comcast.net

Citadel Board of Directors

Aimee Black, Uniform Coordinator aimblack@gmail.com

Jami Beard, Communications Coordinator jbeard@chosenlan.com

Larry Rowland, Sponsorship Coordinator larry.rowland@yahoo.com

Annette Zirkle, Tournament Director azirkle@verizon.net

Linda Lozo, Manager Coordinator chubbyspizzas@verizon.net

Martin Heiny, Registrar mdheiny@msn.com



Executive Director

Steve Helsler fwusa_exec_director@comcast.net

August 23 - 25



Select Executive Board

Cindy Verduce, President cpverduce@verizon.net

Phil Seidel, Secretary shelby_philip5@yahoo.com

Angie Moeller, Treasurer Moeller5@comcast.net

Select Board of Directors

Volunteer Needed, Communications

Al & Deb Wildrick, Match Scheduler dawildrick@verizon.net

Dan Ybarra , Coaches Manager dybarra73@comcast.net

Heidi Bercot, Equipment Manager hmbercot@hotmail.com

John Fyfe, Registrar jsfyfe@verizon.net

Steve Moeller, Referee Coordinator Moeller5@comcast.net



Juggling Records

Readers of the Goalpost (FWUSA members) can now be recognized for achievements in juggling! If you can juggle a soccer ball 25+ times without it touching the ground, submit the following to the Communications Director. You will receive a star behind your name for every 25 times that you can juggle!

1. Your full name
2. The club/s and team/s within FWUSA that you are rostered with
3. Your juggling record
4. The name of the FWUSA coach or parent that observed your juggling record
5. The date of your achievement



Report all juggling records at jbeard@chosenlan.com.

Your juggling records may very show up on the FWUSA website soon so start practicing today!

Achievements in Juggling

Melinda Earnest *****			
Citadel FC '94 Girls White	315	Coach Olivia	09/07
Landon Cochran **			
Citadel FC Boys	64	Hani Rabi, DOC	10/07
Alex Simerman *			
Citadel FC Boys	43	Hani Rabi, DOC	10/07
Bailey Beery *			
Citadel FC	44	Hani Rabi, DOC	10/07

Juggling is a key training element which is often overlooked. Juggling allows the player to gain a feel for the ball. These touches build confidence and makes players aware of parts of their body used to control or pass the ball. With a larger range of comfort with the ball, imagination is often sparked in game play. Juggling should become a daily routine that only takes a few minutes a day. Develop good juggling technique.

1. Use all parts of the body (head, chest, thighs, and feet) and alternate feet. Don't get caught only juggling with your dominant foot!
2. Focus on good controlled touch to realize the full potential of juggling. If a player does not have good body control this will lead to bad touches.
3. Be able to control the ball in different situations. So if a player has a bad touch, they should try to recover it rather than starting over.
4. Be able to maintain good body position.
5. Find rhythm and harmony between the player and the ball.
6. Practice while standing still, then progress to walking slowly and then with some pressure by either time or opponents.
7. Practice juggling about 20 minutes each day.



The Basic Role of the Coach

Whilst great players will often shine through whatever the environment the role of the coach is essential to player development!

Throughout the world clubs deem the role of the coach as extremely important. Clubs spend a lot of time identifying good coaches and bringing them to their club. Professional clubs will go world wide in search of coaches who they believe are the most successful. This can be shown through the amount of foreign coaches who work in countries not of their origin. **But what makes a good coach?**

If you are just starting out as a coach establishing your role is essential. Coaches have to look at the issues of **winning** and **development**. This issue has dominated much discussion in youth development.

In England academy teams play non-competitive soccer up until U17 (soon U16). All matches are 'friendlies' with no league standings. Clearly, it was felt that development would be better through creating an environment which was not results orientated. Coaches will need to think about these issues when they working. However, as a starting point they will need to explore the 'basics'. Martin Heather (Academy Director at Wimbledon FC) believes that:

"Players should be developed in an environment which encourages them to develop their natural abilities without fear of failure. The player should be the central figure and his all round holistic development should be reflected in the coaching and education program of the club".

Martin also believes that a good coach has the following attributes:

"Communication, individuality, knowledge and understanding of the players with whom he is working. The coach also creates realism and has good organizational skills"

Derek Broadley of soccer-expert.com states the following:

If we look at the role of the "coach" what do we get? A mom, dad, brother, sister, teacher, councilor, mentor, and/or friend to mention a few.

The Basic Role of the Coach continued on page 19...

www.soccerxpert.com

Quote of the Month:

"There is always someone out there getting better than you by training harder than you."



The Basic Role of the Coach continued...

The coach needs many skills and qualities that have to be acquired over a period of time:

- Communication skills
- Teaching skills
- Sense of humor
- Planning skills
- Evaluation skills
- Practical skills... the list goes on.

These people who take on the "role", regardless of the sport, are unaware of the depth of knowledge and skills they are going to need when they start out. A large number of coaches take to coaching because "no one else can find the time to do it" or because they have children who have decided to play the particular sport.

The one big fear that most new coaches face is "other parents", people who did not want the responsibility but after watching a few sessions have now become 'experts'? The soccer-expert philosophy gives support to everyone who is involved in the development process which can only promote the role and responsibilities of the coach and their role. The web site will focus in on issues that can be detrimental to the development of players but they also portray a coaching methodology the runs with the "natural process of learning". The learning of soccer is no different to the learning of any other subject, if taught properly. Therefore, the process touches players, parents, grandparents and most importantly the brave soles who want to be called the "COACH".

The key coaching points in this weeks show on the role of the coach are:

- Create a learning environment
- Provide coaching points
- Arrange demonstrations
- Encourage the players
- Ask questions